

# Phelps Hospital

## Robin's Nest Lunch Menu

Robin's Nest is following the USDA Guidelines National School Breakfast & Lunch Program. All Fruit is packed in Natural fruit juice is 100% fruit juice. All foods are cooked trans-fat free, no added salt. All beef is 80% lean 20% fat.

<b>MONDAY</b>	Assorted Cereals/ Banana French Onion Soup/ Pasta Primavera with Chicken/ Corn/ Oranges Pasta Primavera
<b>TUESDAY</b>	Yogurt/ Granola/ English Muffins / Grapes Minestrone Soup/ Beef Tacos/ Rice/ Beans/ Lettuce/ Cheese/ Tomatoes/ Watermelon Tofu Tacos
<b>WEDNESDAY</b>	Cheesy Scrambled Eggs/ Corn Muffins/ Apple Red Pepper Fennel Soup/ BBQ Chicken Sandwich/ Potato Wedges/ Carrots/ Strawberries BBQ Garden Burger Sandwich
<b>THURSDAY</b>	Whole Grain French Toast with Syrup/ Cantaloupe Yellow Lentil Soup/ Pasta/ Marinara Sauce/ Peas/ Grapes
<b>FRIDAY</b>	Whole Wheat Bagel/ Honeydew Tomato Florentine Soup/ Salmon Patties/ Lemon Dill Sauce/ Carrots/ Rice/ Oranges Baked Lemon and Dill Tofu